

THE CATHOLIC COMMUNITY OF NORTH HARBOUR

Worshipping Communities of Allambie Heights, Balgowlah, Balgowlah Heights, Brookvale, Clontarf, Manly Vale, North Balgowlah, Seaforth and parts of Beacon Hill and North Manly

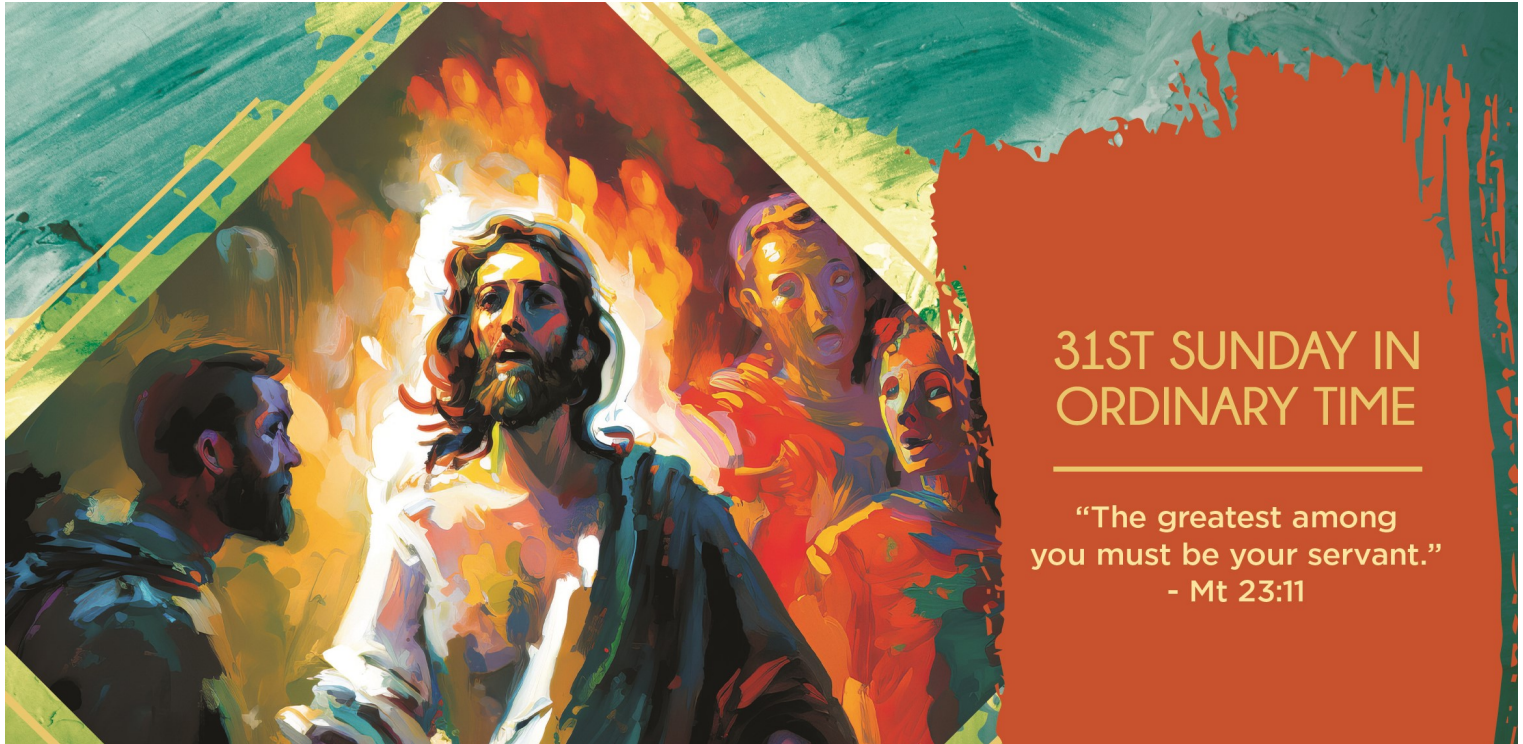


**5
NOV
2023**
YEAR A

Under the Pastoral Care of the Augustinians

Diocese of Broken Bay

Want to receive the bulletin via e-mail? Email parishoffice@northharbourcatholic.org.au



31ST SUNDAY IN ORDINARY TIME

“The greatest among
you must be your servant.”
- Mt 23:11

FIRST READING Malachi 1:14 – 2:2. 8-10 *One God created us all, is Father to us all.* | **RESPONSORIAL PSALM**
Psalm 130 *In you, Lord, I have found my peace.* | **SECOND READING** 1 Thessalonians 2:7-9. 13 *Paul thanks God
that their preaching was well received.* | **GOSPEL ACCLAMATION** Matthew 23:9-10 *Alleluia, alleluia! You have one
Father, your Father in heaven; you have one teacher, the Lord Jesus Christ! Alleluia!* | **GOSPEL READING** Matthew
23:112 *Those who humble themselves shall be exalted.*

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD. ©LPI

MASS & LITURGY TIMES

CHURCH OF ST. CECILIA

Wanganella St and White St, Balgowlah 2093

MASS:

Wednesday, 9am
Sunday, 9am

BAPTISM:

Sunday, 10.30am

1st Sundays of the month (within the 9am Mass)

*Baptism Preparation is required for first baptisms.
Contact Parish Office for more details. Thank you.*

RECONCILIATION:

Saturday, 5.00 to 5.45pm
Church of St. Kieran

YOUTH MASS:

2nd Sundays of the month
during the school term.

WEDDING:

Require six months notice and
include Pre-Marriage Course as
part of the preparation.

CHURCH OF ST. KIERAN

2 King Street, Manly Vale 2093

MASS:

Monday, Tuesday, Thursday, Friday*, Saturday,
8.30am
Saturday (Vigil), 5.30pm
Sunday, 7.30am, 9.30am, 6pm

*Adoration to the Blessed Sacrament after Mass
on Fridays.*

BAPTISM:

Sunday, 11.30am
1st Sundays of the month (within the 9.30am Mass)

*Baptism Preparation is required for first baptisms.
Contact Parish Office for more details. Thank you.*

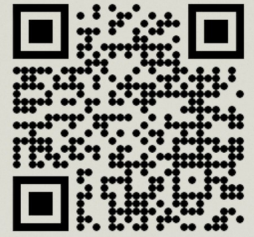
In the spirit of reconciliation the Catholic Community of North Harbour acknowledges the Traditional Custodians of these lands on which we gather. We recognise their continuing connection to the lands and waterways and pay our respect to their elders past and present and extend that respect to all First Nations people in our community.






WELCOME TO NORTH HARBOUR

- YOU ARE INVITED
- JOIN US IN OUR VARIED CELEBRATIONS & ACTIVITIES
- CONSIDER SHARING YOUR GIFTS TO US

Scan me!



GET IN TOUCH

-  WWW.BBCATHOLIC.ORG.AU/NORTHHARBOUR
2 KING STREET, MANLY VALE 2093 NSW
-  PARISHOFFICE@NORTHHARBOURCATHOLIC.ORG.AU
-  (02) 9949 4455

WHY DO WE DO THAT? Catholic Life Explained

Question:

Why do some sacraments leave a character or mark on the soul? Don't all sacraments affect the soul?

Answer:

All sacraments mediate grace and connect us to Christ and to the Church. Some sustain us in our faith journey, while others help us heal from the effects of sin. Each one offers a share in God's life, giving us what we need to be faithful followers of Jesus. But some sacraments change us in ways that are irreversible. The three sacraments that leave a character are Baptism, Confirmation, and Holy Orders. We are literally different people because of the effect of the grace of those sacraments. We are changed at the core of our being in such a fundamental way that we can not go back to what we once were.

In Baptism, we are freed from original sin, initiated into the Body of Christ as adopted sons and daughters. In Confirmation, we are given the fullness of God's Spirit, sealed in his grace and gifted with what we need to live a Christian life. In Holy Orders, a priest is marked as an 'alter Christus,' another Christ, and is once and forever a priest who offers sacrifice, forgives sin, and acts in the person of Christ. In these three sacraments, we are conformed more closely to Christ, reflecting his love and truth.

©LPi

BRINGING HOME THE GOSPEL

To be humble is simply to be honest about our gifts and accomplishments. It doesn't mean running yourself down any more than it means talking yourself up. Humility is saying "thank you" when someone compliments you on your achievement. Hanging your head and telling them Betty Jo is so much better is really false humility. Humility acknowledges your strong points as well as your weak ones.

Teach your children humility by taking care when you compliment them.

Affirmation and congratulations are important to everyone, and most especially to youngsters. But hearing, "Great work!" for everything they do soon loses any meaning. Decide on your degrees of superlatives (good going, great work, excellent job, for example) and try to use them as consistently as possible.

Help your child develop an internal sense of accomplishment by letting her evaluate her own work. Try using a scale of one to five, or if she is little, a sad face to a big smiley face. Let your child know you like her work and then ask her how she likes it. Make sure at least one piece of work has a smiley face on it.

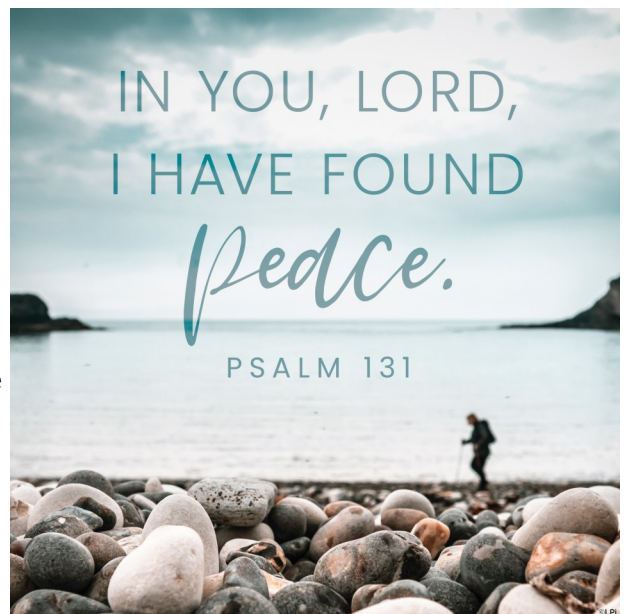
If at all possible find some time for yourself to do something creative: knitting, scrapbooking, painting, writing, learning how to play an instrument, gardening or interior designing. You were given certain gifts and talents—acknowledge them, develop them and thank God for them. That's true humility.

FAMILY RESPONSE:

Ask each family member what one talent they would like to have. How can they go about getting it?

PERSONAL RESPONSE:

Take some time for silent prayer and then in honest humility, write down your good qualities.

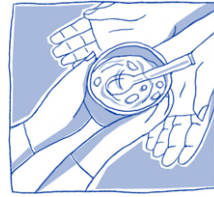


Copyright © 2022 Judith Dunlap. Published by the Pastoral Centre, All rights reserved.



WEEKLY SOCIAL JUSTICE CHALLENGES

November is Native American Heritage Month. One of the most precious gifts which Native Americans have given to our country is their deep respect for God’s creation. They remind us that nature is a gift from God to be treasured and protected. As Chief Seattle said in his eloquent address to the U.S. Congress in 1854, “Every part of this soil is sacred in the estimation of my people. Every hillside, every valley, every plain and grove, has been hallowed by some sad or happy event in days long vanished.” Your challenge this week is to choose one action you can do to protect our planet. It might involve better recycling, or deciding not to drink bottled water. It might be taking a bus or walking instead of using your car for a quick trip to the store. Reduce your carbon footprint while honouring our indigenous brothers and sisters this month. At the end of the week, make a commitment to protecting the environment by reflecting on how you can commit to the Caritas Australia’s Catholic Earthcare (<https://www.caritas.org.au/catholic-earthcare/>).



PASTORAL CARE FOR THE HOMEBOUND

Our clergy and pastoral care ministers bring the sacraments of Eucharist, reconciliation, and anointing of the sick to parishioners who are unable to participate because of illness or aging. For more information and to arrange receiving the sacraments, contact Parish Office.

CARE FOR CREATION TIPS

Jesus spent a lot of time in boats, on beaches, and along shorelines, and he spent a lot of time with people who made their livelihoods from fishing. If you’ve ever been to shores in the Holy Land where Jesus once walked or imagined them in your own prayer, you probably don’t envision them littered with all the trash that is so common on our beaches now. Imagine how distressed Jesus would be to walk along a shoreline cluttered with plastic straws, bottles, cans, pieces of styrofoam, old tires, etc. Make time to go to a beach or shoreline near you and pick up trash. If you don’t live near a body of water, do the same in your neighborhood. Better yet, go with a friend or family member, or take some kids with you to *multiply the effect*.



©Center for Ministry Development. Published by the Pastoral Centre. All rights reserved.

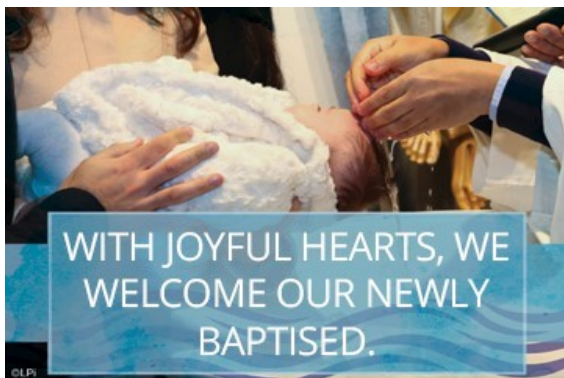
SICK CALLS

AND OTHER URGENT MATTERS

If you need a priest urgently, please call the appropriate number:

BUSINESS HOURS:
PARISH OFFICE—9949 4455

AFTER HOURS:
(Evenings & Weekends)
0490 898 464



Lexi Kay Fuavao
daughter of Mokani & Emma
Mia Isabel Morgan
daughter of Edward & Anna
Fred Patrick Bennett
son of Gary & Melissa
Harrison Westley Hawkins
Son of Luke & Jennifer

PRAY FOR THOSE IN OUR COMMUNITY:

SICK:

Paul Pearson, Greg Hyde

RECENTLY DECEASED:

Maureen Davis, June Baker, Patricia Cooper

ANNIVERSARIES:

Rosina McEwen , Carmello & Samuel Condello, Zita (Tim) Neil

Our community would love to pray for you.
If you have an intention you would like to be included in this bulletin please e-mail parishoffice@northharbourcatholic.org.au

Children's Liturgy of the Word

NORTH HARBOUR CATHOLIC COMMUNITY

TERM 4 DATES

ST CECILIA'S, BALGOWLAH, 9AM

Nov 5, Dec 3, Dec 10

ST KIERAN'S, MANLY VALE, 9.30AM

Nov 12 (6pm),
Dec 3, Dec 10



Youth MASS

Sun 12 Nov, 6pm
St Kieran's Catholic Church
2 King St., Manly Vale 2093 NSW

All welcome!

followed by a sausage sizzle & light refreshments

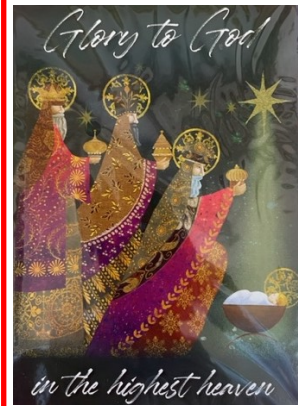
CONGRATULATIONS

70 years ago, TODAY,
Fr Abel became a
Vinnies Member!



ONCE A VINNIIES, ALWAYS A VINNIIES

BE A VINNIIES VOLUNTEER TODAY!



PARISH PIETY SHOP

CHRISTMAS CARDS

PACK 8 \$4.00

and lots of Christmas gift ideas -

Come in for a browse !!



GAZA CRISIS APPEAL

Help provide urgent humanitarian assistance to the people affected by the conflict.



DONATE NOW
www.caritas.org.au/gaza
1800 024 413



CATECHISTS NEEDED!

"As Catechists, we are both teacher and companion."

Pope Francis



Experience the joy of becoming a Catechist and share your faith with the children of our Parish.

WEEKLY COMMITMENT CONSISTS OF:

- 30 mins teaching time.
- 30-60 mins prep time.
- Teacher's Manuals and Workbooks provided— easy to follow.

Below is the list of classes that need teachers: (No teaching experience necessary)

Public School's Name	Year	Day	Time
Balgowlah Heights PS	Kindergarten	Tuesdays	10:30-11:00am
Brookvale PS	Kindergarten	Fridays	11:00-11:25am
Seaforth Public School	Year 3	Wednesdays	2:15-2:45pm

If you feel this is something you would like to get involved in, or would simply like more information, please contact our Catechist Co-Ordinator, Ursula Halloway, on: 0423 595 204 or email catechist@northharbourcatholic.org.au

Liturgical Ministries

We are looking for volunteers who would like to be involved in the following Ministries:

- MUSIC MINISTRY**
- EUCCHARISTIC MINISTER**
- WELCOMER AT MASS**
- SENIOR SERVER**
- READER AT MASS**
- ALTAR LINEN CARE**
- COLLECTORS AT MASS**
- POWERPOINT MINISTER**



TRAINING WILL BE PROVIDED.

Sign-up forms are available in the foyer. Place the completed forms in the box provided. Thank you.



afternoon tea with

Augustine

ST KIERAN'S PARISH CENTRE, MANLY VALE

SAT 11 NOV, 3.30PM

Bring a plate, a friend, and your own curiosity to share in the conversation led and hosted by Father Paul, OSA

A way of getting to know the mind and heart of this great saint only to know how his experience of life can be a guide to our own.

Little Kieran's Playgroup

1st Monday of the Month

9-10am

6 Nov, 4 Dec



St Kieran's Parish Centre
2 King St., Manly Vale NSW

DONATE TO OUR FOOD BANK



During these unprecedented times, refugees and people seeking asylum in the community need your help more than ever. Non-perishable food and toiletries are desperately needed and appreciated.

FOOD ITEMS:

- basmati rice (1kg & 5kg)
- cooking oil
- long life milk
- tinned tuna in oil
- red kidney beans, lentils, chickpeas
- biscuits & muesli bars
- dry chickpeas, red & green lentils

TOILETRIES:

- nappies (large)
- toothpaste & toothbrushes
- shampoo & conditioner
- sanitary pads & napkins
- Razors & shaving foam
- deodorant (male and female)
- Soap

Pls drop your donations at St Kieran's Parish Centre or St Cecilia Primary School on or before Tue 7 November.

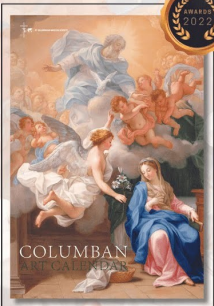
All donations will be forwarded to the Jesuit Refugee Services. This is an initiative of the North Harbour Parish Social Justice Group.

available in the SK church foyer priced at \$10 each

ON SALE

2024 COLUMBAN ART CALENDAR

Please place the money in the St Vincent de Paul poor box at the back of the Church



Proceeds of the calendar go to the Vinnies Fund.

G F R O B E Y U B P P B X G
 R R Z G O A H U M B L E Q O
 K P H A R I S E E S I X R L
 B B I M M T O Q D O W N T K
 A A U N E B E S T C Y Z D O
 N M R W S I D R G B E C M Y
 Q R V D S D T M P X U P N J
 U R A A I G E C R R X T B J
 E G B E A J D I T S R M J U
 T K U L H P K W A Z E O Q S
 O E V K K P K F L Z M S P B
 I F O J F B A B O V E E T J
 W N P W I A K A U N M S C D
 F E O C L P K T G Z H E L P
 A R Q T D U T E A C H E R I

WORD SEARCH

If you humble yourself you will be honoured

TRY TO FIND THESE WORDS:

- above
- banquet
- best
- do
- down
- help
- humble
- Messiah
- Moses
- obey
- Pharisees
- teacher

© 2005 Creative Ministry Resources

Sharing the Gospel

Do not be a phony baloney. Do not tell others to follow rules that you do not follow. Be honest with yourself. If something is wrong for others, it is wrong for you. If it is wrong for your friends to steal, it is wrong for you. If it is wrong to hit others, then do not hit your friend in anger. Practice what you preach. Know and follow God's commandments so he will be happy.

Prayer

Lord, teach me to practice what I preach.

Mission

I will practice what I preach. I will do as I say I should.

©LPi



COLOR

Read the Gospel of the week and color the image.





*Remember me, O Lord, not according to Your wrath, but according to Your mercy.
This befits You, O Lord, not owing to my merit but to Your kindness.*

Commentary on Psalm 24, 7
- St. Augustine of Hippo

NEXT WEEKEND (12 NOVEMBER): 32ND SUNDAY IN ORDINARY TIME, YEAR A

<p>1st Reading Wisdom 6:12-16 <i>Wisdom comes to those who are worthy.</i></p> <p>Responsorial Psalm Ps 62:2-8. R. v.2 <i>My soul is thirsting for you, O Lord my God.</i></p> <p>2nd Reading 1 Thessalonians 4:13-18 <i>God will raise up those who have died in Jesus.</i></p> <p>Gospel Acclamation Matthew 24:42. 44 <i>Alleluia, alleluia!</i> <i>Be watchful and ready: you know not when the Son of Man is coming. Alleluia!</i></p> <p>Gospel Matthew 25:1-13 <i>Parable of the ten bridesmaids.</i></p>	<p>11 NOV, 5.30PM ST KIERAN'S</p> <p>Senior Server Louise</p> <p>Reader 1 Bob</p> <p>Reader 2 John</p> <p>Music Parish Choir</p> <p>Powerpoint Volunteer needed</p> <p>Welcomers Volunteers needed</p>	<p>12 NOV, 7.30AM ST KIERAN'S</p> <p>Senior Server Michael</p> <p>Reader 1 Judith</p> <p>Reader 2 Jenny</p> <p>Music None</p> <p>Powerpoint Volunteer needed</p> <p>Welcomers Volunteers needed</p>	<p>12 NOV, 9AM ST CECILIA'S</p> <p>Senior Server Ildé</p> <p>Reader 1 Maria</p> <p>Reader 2 Francesca</p> <p>Music None</p> <p>Powerpoint Volunteer needed</p> <p>Welcomers Sarah & Ben</p>	<p>12 NOV, 9.30AM ST KIERAN'S</p> <p>Senior Server Catherine</p> <p>Reader 1 Terry</p> <p>Reader 2 Brian G</p> <p>Music Anushka</p> <p>Powerpoint Volunteer needed</p> <p>Welcomers Volunteers needed</p>	<p>12 NOV, 6PM ST KIERAN'S</p> <p>Senior Server Claire-Louise</p> <p>Reader 1 Catherine</p> <p>Reader 2 Geraldine</p> <p>Music Michael P</p> <p>Powerpoint Volunteer needed</p> <p>Welcomers Volunteers needed</p>
---	--	---	---	---	--

OBSERVANCES FOR THE WEEK OF 5 NOVEMBER

- Mon 6 Nov:** Monday of the 31st Week in Ordinary Time, Yr 1
- Tue 7 Nov:** Tuesday of the 31st Week in Ordinary Time, Yr 1
- Wed 8 Nov:** Wednesday of the 31st Week in Ordinary Time, Yr 1
- Thu 9 Nov:** Feast of The Dedication of the Lateran Basilica
- Fri 10 Nov:** St Leo the Great, pope and doctor of the Church
- Sat 11 Nov:** St Martin of Tours, bishop

The Catholic Community of North Harbour



Under the Pastoral Care of the Augustinians

Diocese of Broken Bay

www.bbcatholic.org.au

- Parish Office** 2 King Street, MANLY VALE 2093 NSW AUSTRALIA
P 02 9949 4455 E parishoffice@northharbourcatholic.org.au W www.bbcatholic.org.au/northharbour
- Office Hours** 9.00am to 4pm (Monday to Friday)
- Parish Churches**
Church of St Cecilia Wanganella St and White St, Balgowlah 2093 NSW
Church of St Kieran 2 King St, Manly Vale 2093 NSW
- Parish Staff**
Parish Priest: Fr Michael Belonio, OSA E parishpriest@northharbourcatholic.org.au
Asst Priest: Fr Paul Maloney, OSA E paul.maloney@osa.org.au
Asst Priest: Fr Jumbim Torres, OSA E jumbim.torres@osa.org.au
Asst Priest: Fr John Zhang E john.zhang@northharbourcatholic.org.au
Parish Manager: Jacky Worthington E parishmanager@northharbourcatholic.org.au (Mon, Wed, Thu)
Parish Secretary: Jane Filacuridi E parishoffice@northharbourcatholic.org.au (Mon, Tue, Wed)
Parish Secretary: Anne Ross E parishoffice@northharbourcatholic.org.au (Thu, Fri)
Sacramental Coordinator: Janette Davidson M 0408 866 521 E sacraments@northharbourcatholic.org.au
Catechists (CCD) Coordinator: Ursula Halloway E catechist@northharbourcatholic.org.au
Music Ministry Coordinator: Marianne Kaw-Deveza E musicministry@northharbourcatholic.org.au
Augustinian Brother: Van Tu Nguyen, OSA E tunguyen@osa.org.au
- Resident Priests**
Fr Hoang-Minh Tan, OSA E minhtanhoang@yahoo.com.au
Fr Peter Jones, OSA E peter.jones@osa.org.au (Prior Provincial)
Fr Abel van der Veer, OSA E vabelvanderveer@gmail.com (Retired)
Fr Senan Ward, OSA E senanward@bigpond.com (Chaplain, St. Augustine's College, Brookvale)

Please support the advertisers that support us. Thank you.

If you wish to advertise your business with us, please contact the Parish Manager at parishmanager@northharbourcatholic.org.au

WATERMARX GRAPHICS

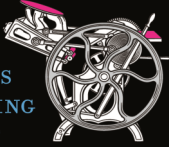
NORTHERN BEACHES
SPECIALTY PRINTERS

*If marking the Chapters of Love,
or honoring the Legacies of Life,
Watermarx can transform your memories
into beautifully crafted stationery.*

WEDDING STATIONERY
&
MEMORIAL STATIONERY

PH: 02 9905 8127
INFO@WATERMARX.NET
WWW.WATERMARX.NET

EMBOSSING
LETTERPRESS
FOIL STAMPING
CMYK PRINT



WILSON
FAMILY
FUNERALS

CALL 02 9913 7131



*Local Australian family
owned and operated
Available 24/7
Personally talk to Ann
Wilson and her team*

Suite 3, 1440 Pittwater Road
North Narrabeen, Sydney
wilsonfamilyfunerals.net.au

ADVERTISE WITH US

Advertising space
is available on this page.

For more details,
contact Jacky
parishmanager@northharbourcatholic.org.au
or ring 9949 4455

LORIS FILACURIDI

Real Estate Agent



*25 years looking after clients
in our parish.*

For trustworthy advice
regarding your home or any
other real estate query,
please call me anytime.

0419 227 435

B.Bus, J.P



ADVERTISE WITH US

Advertising space
is available on this page.

For more details,
contact Jacky
parishmanager@northharbourcatholic.org.au
or ring 9949 4455

ADVERTISE WITH US

Advertising space
is available on this page.

For more details,
contact Jacky
parishmanager@northharbourcatholic.org.au
or ring 9949 4455

ADVERTISE WITH US

Advertising space
is available on this page.

For more details,
contact Jacky
parishmanager@northharbourcatholic.org.au
or ring 9949 4455

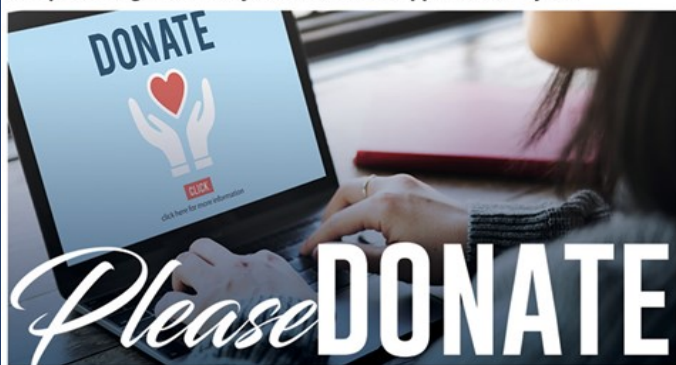
ADVERTISE WITH US

Advertising space
is available on this page.

For more details,
contact Jacky
parishmanager@northharbourcatholic.org.au
or ring 9949 4455

PLEASE CONSIDER ONLINE GIVING

Our parish is grateful for your continued support. Thank you!



Support the Parish by signing up to contribute online.
Setting up a one-time or recurring donation is quick and easy.

Visit: www.bbcatholic.org.au/north-harbour/giving
or thru bank transfer:

FIRST COLLECTION: For the Augustinian Clergy (Priory)

Account Name: St. Kieran's Priory

Bank: CBA BSB: 062 784 Account Number: 100 005 010

SECOND COLLECITON: For the Parish

Account Name: Catholic Community of North Harbour

Bank: CBA BSB: 062 784 Account Number: 100 007 957

If you like to contribute by credit card, please email Jacky,
parishmanager@northharbourcatholic.org.au.

Thank you so much for your support!